

1st National UK Patient Adult ADHD conference



Patron: Lady Astor of Hever

Practical Responses to Adult ADHD Opening Keynote: Professor Eric Taylor



ADDISS

The National ADHD Charity

15th Oct 2011
LONDON

Venue:

Directory of Social Change, 24 Stephenson Way, London NW1 2DP
(a stones throw from Euston Station)

Draft Programme

Some of the topics we will be exploring


- ADHD through the lifespan – What is adult ADHD?
- ADHD and ADDictions, Substance misuse and abuse – Dr Max Zoettl
- The Diagnosis of Adult ADHD as a Specific Learning Difficulty- The ADDED value
- ADHD Works! © – Ladders of Life – getting back into employment
- What is coaching and how can it help at home and in the workplace
- Goal setting, Getting organised, managing money etc
- Parenting an Adult with ADHD – network session
- Finding ways to unwind and manage your emotions
- ADHD and relationships – sustaining your relationship –networking for partners
- Managing your ADHD in the Workplace
- Women with ADHD
- New ways of looking at ADHD

Confirmed Speakers

- Professor Eric Taylor
- Jo Todd – Key4Learning
- Dr David Grant
- Linda Fox – ADHD Coach
- Colin McGee – Therapist
- Andrew Lewis – ADHD Coach
- Chris Mclanahlan – ADD Success
- Dr Nikos Myttas
- Ladders of Life – Shirley Hand, Teresa FitzGerald and Andrew Williams

Limited number of places
Book early!!!!

The National Attention Deficit Disorder Information and Support Service
2nd floor, 112 Station Road, Edgware, Middlesex HA8 7BJ
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ADDISS
ADHD INFORMATION SERVICES
Registered Charity No: 1070827

Professional Board chaired by Professor Eric Taylor



This conference has been put together in response to the increasing number of calls we receive from people with ADHD, their parents and the people who work with and care for them. Our workshop topics are based on the difficulties you share with us. We hope to run at least four days a year in different parts of the country, just for adults with ADHD so if the topic you are interested in is not covered we will be happy to include it at the next event.

Non Members		ADDISS members	
Patients/carers	£95	Patients/carers	£60
Professionals	£150	Professionals	£100
Voluntary organisations	£120	Voluntary organisations	£90

To book please complete the following form and return to

ADDISS
Premier House
112 Station Rd
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HA8 7BJ Tel 0208952 1515

holly@addiss.co.uk

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Benefits include

- 4 Newsletters a year
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I enclose a cheque for _____ payable to ADDISS

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